

Hearing a whole life

What changes when you let someone tell their story at their own pace.

8 lessons. After each one, answer its question here in a few honest lines. Then try it in one real conversation that week, and come back to note what happened.

LESSON 1 OF 8

Vishavjit Singh on Telling His Story

What would change if you asked 'and then what happened?' one more time than usual?

This week I tried it with:

LESSON 2 OF 8

A Writer Looks Back on Her Life

Whose story have you heard many times but never asked about? What would you ask first?

This week I tried it with:

LESSON 3 OF 8

A Long Talk with Happy Mwende Kinyili

What would change if you asked 'and then what happened?' one more time than usual?

This week I tried it with:

LESSON 4 OF 8

Jerry Wolf on the Cherokee Language

Which of your own stories do you tell differently depending on who is listening?

This week I tried it with:

LESSON 5 OF 8

David in Doric Scots and English

When someone repeats a story, what might they still be trying to be heard on?

This week I tried it with:

LESSON 6 OF 8

Caroline Talks About Her Language and Roots

Whose story have you heard many times but never asked about? What would you ask first?

This week I tried it with:

LESSON 7 OF 8

Finding Yourself Far from Home

What does your family never talk about? Who decided that?

This week I tried it with:

LESSON 8 OF 8

A Voice Actor on Her Career (Korean)

When someone repeats a story, what might they still be trying to be heard on?

This week I tried it with:
